



UNITED STATES MARINE CORPS

OFFICER CANDIDATES SCHOOL
TRAINING COMMAND
2189 ELROD AVENUE
QUANTICO VA 22134-5033

IN REPLY REFER TO:
1000
CSA
20 Mar 23

From: Commanding Officer, Officer Candidates School
To: Officer Candidates Class 243 and Platoon Leaders Classes

Subj: SUMMER 2023 OFFICER CANDIDATES CLASS DATES; CANDIDATE PRE-SHIP
PREPARATION AND REQUIREMENTS

Ref: (a) MCO P1020.34H
(b) MARADMIN 166/20
(c) MARADMIN 117/16
(d) MARADMIN 204/15
(e) MARADMIN 305/08
(f) MCBUL 10120 FY-23
(g) MCB Quantico Order 8000.1A
(h) US Navy Regulations 1165
(i) Marine Corps Manual 1100.4
(j) FY-23 MECEP, ECP, RECP and MCP-R Selection Board
(k) FY-23 MECEP, ECP, RECP and MCP-R Selection Board Results

Encl: (1) IPAC/OCS Candidate Screening
(2) SF 1199A (Direct Deposit Sign-up Form)
(3) Officer Candidates Pre-Ship Checklist
(4) Map to Officer Candidates School

1. Background. The mission of Officer Candidate School (OCS) is to educate and train officer candidates in Marine Corps knowledge and skills within a controlled and challenging environment in order to evaluate and screen individuals for the leadership, moral, mental, and physical qualities required for commissioning as a Marine Corps officer. The exceptionally high standards expected from officer candidates and the OCS staff remain unchanged.

2. Purpose. This letter, in accordance with references (a) through (i) is an aid to all those involved in the preparation of officer candidates for Officer Candidates Class 243 (OCC 243) and Platoon Leaders Class (PLC) Juniors and Seniors during the summer 2023 training cycle. This letter, along with the OCS website (<http://www.trngcmd.marines.mil/Northeast/Officer-Candidates-School/>) contains important information and responses to questions frequently asked by officer candidates. The website also includes physical training guidance, academic resources, and other preparation tips.

3. Preparation. It is incumbent on each officer candidate to utilize all resources available to prepare for the rigors of OCS and ensure they are physically, mentally, and spiritually prepared. Officer candidates must ensure they remain physically fit. Leading up to shipping, it is recommended that officer candidates continue to train at a rigorous pace that will help sustain their readiness. The timeline for in-processing has changed due to the implementation of Military Health System (MHS) Genesis, extending medical

Subj: SUMMER 2023 OFFICER CANDIDATES CLASS DATES; CANDIDATE PRE-SHIP PREPARATION AND REQUIREMENTS

in-processing. Candidates will be provided only one opportunity to conduct the Induction Physical Fitness Test. Retakes will not be authorized.

4. Class Date

Class	Report Date	Graduation / Completion Date
PLC-Jrs (1st Increment)	20 May 2023	30 June 2023
PLC-Srs (1st Increment)	20 May 2023	1 July 2023
OCC 243	27 May 2023	5 August 2023
PLC-Jrs (2nd Increment)	1 July 2023	11 August 2023
PLC-Srs (2nd Increment)	1 July 2023	12 August 2023

5. Transportation. Any officer candidate that elects to travel via Privately Owned Vehicle (POV) only rates one day of travel per diem. Any additional cost will not be reimbursed. Officer candidates must collect and retain all travel receipts to and from OCS, as they will file a travel claim for reimbursement at either The Basic School (TBS), their Officer Selection Station, or parent command upon their return. All candidates must arrive in appropriate civilian attire [i.e. slacks with a belt (no blue jeans), a collared shirt, and dress shoes (no heels, no running shoes)]. Male candidates are expected to arrive without facial hair, having a clean shave. Officer candidates are required to have one mask on their person at all times while traveling. Upon arrival at Ronald Reagan Washington National Airport (DCA), Historic Lobby, Terminal A or OCS parking lot, candidates will be provided additional masks. Officer candidates that have transportation issues or who are unable to meet the check-in deadline must call the OCS Officer of the Day (OOD) at office number 703-432-6050 or cell 540-419-5210, as well as their respective Officer Selection Officer (OSO), Naval Reserve Officer Training Corps (NROTC) unit, or parent command.

a. Arrival Flight Information. Officer candidates' flights must arrive and be checked-in with the Marine Liaison Team prior to 1900 on the report date listed above. The Marine Liaison Team at DCA will be in the Service "C" uniform and will greet officer candidates at DCA's Historic Lobby adjacent to the United Service Organizations (USO) in Terminal A beginning at 1200. Officer candidates will be directed to the OCS shuttle service outside the DCA airport for transportation to the reception site for follow-on medical screening and accountability. Once complete, officer candidates will be transported to Brown Field. Evening chow will be the only meal provided to officer candidates by OCS on the day of their arrival. It is recommended flights are reserved for earliest possible arrival time at DCA to mitigate any flight delays or cancelations.

(1) Inclement Weather. If a weather emergency causes the majority of inbound flights to be delayed or cancelled, OCS will disseminate an alternate reporting requirement via the MCRC Liaison (LNO) as far out from the arrival window as possible.

(2) Delayed Flights. If an officer candidate's flight is delayed or cancelled for any reason, they must contact the OCS OOD, as well as their OSO, NROTC unit, or parent command. Officer candidates will resume their travel upon the next available flight from the airline and maintain communication with the OCS OOD until their arrival.

b. Departing Flight Information. Officer candidates who are designated to commission after graduating OCS, will report to TBS immediately and therefore do not need roundtrip tickets; with the exception of both Enlisted

Subj: SUMMER 2023 OFFICER CANDIDATES CLASS DATES; CANDIDATE PRE-SHIP PREPARATION AND REQUIREMENTS

Commissioning Program (ECP) and candidates on temporary additional duty (TAD) orders. All other officer candidates must have roundtrip tickets prior to their arrival to OCS, with their return flights scheduled for departure after 1800 on graduation day.

c. Marine Corps Enlisted Commissioning Education Program (MECEP) and ECP Flights. MECEP and ECP officer candidates do not rate per diem or lodging while at OCS. Due to this, they are unable to file 30-day travel vouchers and settle their outstanding Government Travel Charge Card charges until they return to their parent command. Ensure that variation of itinerary is authorized in the event the candidate is disenrolled prior to graduation. Officer candidates reporting via Defense Travel System (DTS) will be placed on partial payments in a mission-critical status.

d. Privately Owned Vehicles. Officer candidates are authorized to drive their POVs to OCS. Officer candidates driving POVs will arrive at OCS on Marine Corps Base Quantico (MCBQ), between the hours of 1300 and 1900 on the report date in appropriate civilian attire. Upon arrival, they will be instructed where to park and guided to the medical screening area. All drivers must arrive with a valid driver's license, current vehicle registration, and proof of insurance in order to gain access to MCBQ. Vehicle inspections should be completed by the candidate's OSO/Marine Officer Instructor (MOI) or parent command prior to departure for OCS. At no time will recreational vehicles be allowed on Brown Field. All officer candidates arriving via POV are encouraged to arrive the day prior and stay at a hotel in the local area. Traffic on Interstate 95 is unpredictable and can cause significant delays. Officer candidates who arrive before 1300 will be instructed to report back during the designated arrival window. Officer candidates that arrive after 1900 are subject to being turned away at the discretion of the Commanding Officer (CO), OCS.

6. Check-in Procedures. Upon arrival to either of the reception sites, officer candidates will proceed to the accountability area where they will check in and be directed (or transported) to the marshalling area for processing.

7. Urinalysis. All officer candidates are required to submit to a urinalysis test upon their arrival at OCS. Officer candidates who refuse to consent to testing will be disenrolled. Additionally, any officer candidate whose urinalysis confirmed for the presence of illicit drugs will be processed for disenrollment.

8. Required Items

a. Running Shoes. Officer candidates must bring serviceable running shoes that are easily accessible upon arrival at OCS. It is recommended that running shoes are fewer than three months old or have fewer than 100 miles of wear on them. One pair of running shoes is mandatory, but two pairs are strongly recommended. Minimalist running shoes that accommodate all toes in one compartment are authorized; however, finger-toe shoes that separate toes into compartments are not authorized.

b. Physical Training (PT) Gear. Officer candidates must bring two sets of PT gear consisting of plain tee shirts, shorts, and white athletic socks for use during in-processing. These sets of PT gear will also be worn during medical screening prior to the first bag issue. The shirt and shorts will be free of writing or images. A small name brand is authorized.

Subj: SUMMER 2023 OFFICER CANDIDATES CLASS DATES; CANDIDATE PRE-SHIP PREPARATION AND REQUIREMENTS

c. Uniform Items. During training, officer candidates will wear the desert Marine Pattern (MARPAT) uniform for all training events, except for the Platoon Commanders Inspection, Final Drill Evaluation, and graduation, which will be in the woodland MARPAT uniform.

(1) All officer candidates, regardless of program, are required to arrive at OCS with the items listed in the table below:

Item	Qty
Jacket/Coat (conservative in color and style)	1
Collared Shirt	2 (1 worn)
Undershirt (white)	2 (1 worn)
Business Casual Trousers (no blue jeans)	2 (1 worn)
Belt	1 (worn)
Dress Shoes (no heels)	1 pair (worn)
Underwear (compression shorts are authorized, black or olive drab colored)	6
Sports Bra (female candidates only)	6
Running Shoes (3 months or newer or have fewer than 100 miles of wear)	1 pair (2 pairs are recommended)
Eye Glasses (contact lenses are not authorized at any time at OCS)	1 pair (2 pairs are recommended)
Basic Toiletries (shower/shave gear)	3 weeks worth
Shower shoes (flip flop style, black)	1 pair
Conservative civilian PT gear (shorts/shirt)	1 pair
Watch (water resistant/rugged/black, coyote tan, or olive drab green. Smart watches are not authorized)	1
Marine Corps Issue Combat Boot **Optional**	1 pair

(2) In addition to the table above, all current active and reserve Marines, to include Individual Ready Reserve (IRR) Marines within 90 days of their end of active service (EAS), are required to bring the items in the table below:

Item	Qty
Blouse, MARPAT, Woodland	2
Trousers, MARPAT, Woodland	2
Blouse, MARPAT, Desert	2
Trousers, MARPAT, Desert	2
Service "A" (full uniform to include ribbons and badges)	1
Service "C" Blouse	1
8-Point Cover, MARPAT, Woodland	2
8-Point Cover, MARPAT, Desert	2
Boonie Cover, MARPAT, Desert	1
Hot Weather Combat Boots (Jungle) (see para 7.c.5)	1
Infantry Combat Boots (ICB) (see para 7.c.5)	1
Sea Bag	1
Web Belt	2
Web Belt Buckle	2
Green PT Sweat Top	1
Green PT Sweat Bottom	1
PT Shorts (silky are not authorized)	2
Green Skivvy Shirts	6
Boot Socks (brown)	6

Subj: SUMMER 2023 OFFICER CANDIDATES CLASS DATES; CANDIDATE PRE-SHIP PREPARATION AND REQUIREMENTS

(a) Upon arrival at OCS, two additional sets of Woodland MARPAT uniforms will be issued, at no cost, to those Marines who are still considered on active or Selected Marine Corps Reserve (SMCR) status. All uniform items must be serviceable in accordance with reference (a). Uniforms deemed unserviceable will be replaced at the Marine's expense. Prior enlisted Marines must remove name tapes upon induction into training. Prior enlisted Marines will not receive a new issue of boots. IRR Marines, who are fewer than 90 days past their EAS have the same uniform requirements as active duty and SMCR Marines. IRR Marines who do not possess these uniform items will purchase them at Cash Sales.

(b) IRR Marines who are 90 or more days past their EAS will receive a full issue of uniforms. The officer candidate must inform their receiving staff if they possess these items prior to uniforms issue in order to prevent double issue or the purchasing of surplus uniform items.

(3) NROTC students are required to bring the items in the table below in addition to the items in paragraph 7.c.1. If midshipmen have not received these items, a roster from each unit is required to be provided to the MCRC Liaison no later than April, 20. If they have not received the below items prior to arriving, NROTC students will receive them in their initial issue at OCS:

Item	Qty
Blouse, MARPAT, Woodland	2
Trousers, MARPAT, Woodland	2
Blouse, MARPAT, Desert	2
Trousers, MARPAT, Desert	2
8-Point Cover, MARPAT, Woodland	2
8-Point Cover, MARPAT, Desert	2
Boonie Cover, MARPAT, Desert	1
Hot Weather Combat Boots (Jungle)	1
Infantry Combat Boots (ICB)	1
Sea Bag	1
Web Belt	2
Web Belt Buckle	2
Green PT Sweat Top	1
Green PT Sweat Bottom	1
PT Shorts (not silkies)	2
Green Skivvy Shirts (3 can be synthetic)	6
Boot Socks (brown)	6

(4) Service "A" Uniform. All OCC 243 direct-commission officer candidates, to include MECEP and ECP, could stand a Company Commander's Inspection in the Service "A" uniform with garrison cover. All prior enlisted officer candidates of OCC 243 are required to hand-carry their current Service "A" uniform to OCS. Those prior enlisted officer candidates earning their commission upon graduation will have the option to convert their Service "A" uniform from enlisted to officer, or to purchase a new uniform. MECEP officer candidates who are not commissioning will NOT alter their uniform, but will stand the inspection with their enlisted rank. Platoon gear lockers will be available in order to store these items.

(5) Boots. Prior service members are not required to purchase ICB or jungle boots even if they do not currently own them; however, they are required to bring two sets of issued boots (not steel toe). All officer candidates may bring one pair of additional USMC regulation boots to OCS (for

Subj: SUMMER 2023 OFFICER CANDIDATES CLASS DATES; CANDIDATE PRE-SHIP
PREPARATION AND REQUIREMENTS

a total of three when included with the required/issued pairs). Officer candidates who wish to bring a third pair of boots are encouraged to purchase USMC regulation boots prior to arrival at OCS. This will allow the officer candidate to begin a break-in period and to become accustomed to wearing and running in boots. Multiple pairs of boots also allow officer candidates to have an inspection pair and a heavy-use pair simultaneously. OCS will issue Marine Corps combat boots (cold weather and jungle) to all candidates who are not prior service or NROTC. Boots, such as Bates Lites and Danner Reckonings are authorized. Officer candidates are encouraged to review paragraph 3012 of reference (a) and (e) for boot regulations. Further guidance on boot fitting can be found on the OCS website.

d. Money. Officer candidates will only use cash, debit, or credit cards for the purchase of their bag issue, weekly haircuts, and exchange visits. Bag issue will cost between \$430.00 and \$500.00. The minimum amount of gear required to induct into training will cost \$430.00. OCS will not lend money or apply checkage for an officer candidate's bag issue or other required costs. Weekly haircuts and exchange visits can total \$20.00 per week. Officer candidates arriving without the required funds may be disenrolled if the CO, OCS deems them financially incapable of meeting the initial procurement requirements to commence training. Additionally, it is recommended that officer candidates coordinate with their banks that they are traveling to prevent transactions declining at cash sales.

e. Toiletries. Officer candidates will bring enough basic overnight toiletry items (razors, shaving cream, soap, shampoo, deodorant, toothbrush, toothpaste, and solid color towels) to last the first three weeks of training. Additionally, each officer candidate must bring at least six sets of clean undergarments. These items must last each officer candidate the first three weeks of training until they make their initial exchange visit, as the initial bag issue does not include hygiene gear.

9. Fitness Reports. MECEP officer candidates who are Sergeants and above will receive non-observed From Temporary Duty (FD) fitness reports upon completion or dis-enrollment. ECP candidates who are active or reserve will receive Grade Change (GC) reports in conjunction with their FD report when departing OCS as Second Lieutenants back to their parent command. A candidate's parent command is responsible for providing them a Temporary Duty (TD) report before reporting to OCS.

10. Medical. OCS Medical will conduct a screening of all candidates prior to entering the training cycle. It is imperative that all current candidate commissioning physicals are included in the medical record prior to check-in at OCS. Additionally, candidates that fall under the outlined commissioning programs must have the following documentation in their medical record:

a. NROTC, OCC, and Platoon Leaders Class (PLC). All Navy Medicine (NAVMED) 6120/3 (annual certificate of physical condition) will be used by OCC and PLC officer candidates, while NROTC officer candidates will use the Naval Service Training Command 15330107 form. The respective forms must be completed every year after the initial commissioning physical, including a current certificate (within one year). The NAVMED 6120/3 must be signed by the appropriate administrative personnel in the unit. An initial commissioning physical will be considered invalid if there is a lapse in the completion of required annual certificates. If there is a gap in the annual certificates, a new physical will need to be completed prior to arriving at OCS. Any missing documentation or gaps in an officer candidate's medical

Subj: SUMMER 2023 OFFICER CANDIDATES CLASS DATES; CANDIDATE PRE-SHIP
PREPARATION AND REQUIREMENTS

history may result in the officer candidate being not physically qualified to begin training.

b. Active Duty and SMCR Officer Candidates. Active duty and SMCR officer candidates must possess completed and current (within one year) Periodic Health Assessments.

c. Copies of Physician Treatment Records. Significant medical conditions that have developed before or after enrollment must be included in the officer candidate's medical record even if the Bureau of Medicine has granted a waiver. Officer candidates who have undergone any eye surgery must be at least 180 days post-operation prior to reporting to OCS. Their medical records must also include all post-surgical follow-ups regardless of when the surgery took place. Documentation must state that the officer candidate is free of any post-surgical complications, demonstrates vision stability, and does not require use of ophthalmic medications or treatments. All dental surgeries must occur a minimum of 21 days prior to reporting to OCS.

d. Immunization Records. Current immunization records are required. Medical restrictions prevent officer candidates from receiving more than five immunizations over a short period of time. Officer candidates with outdated/missing immunizations may be medically disqualified during in-processing if they are unable to receive the required immunizations. At a minimum, candidates must have had their childhood immunizations (MMR, Varicella, HIB, DTAP, and HEPB). Shot records should be signed by a licensed medical professional and be included in the officer candidate's medical records prior to them being shipped to OCS for pre-screening.

e. Medical Records. All officer candidates who are working with an OSO will have their medical records forwarded to their appropriate district, who will then forward the records to MCRC LNO. For NROTC candidates, their MOI should forward the medical records to the MCRC LNO. For all active duty and SMCR officer candidates, their unit should forward the medical records to MCRC LNO. The address for the MCRC LNO is 2189 Elrod Ave, Quantico, VA 22134. It is highly recommended that copies of mailed records be maintained at the forwarding or owning unit. Dates for submission are:

(1) Medical Records. All officer candidates' medical records, regardless of their program of instruction need to be sent to OCS no later than 30 days prior to shipping.

(2) Dental Evaluation. Copies of current (within one year) dental evaluations are to be included in the medical record. Do not send dental records. Due to the current availability of dental services, MCRC will allow candidates to ship to OCS without current (within one year) dental records. Officer candidates with current need for dental service may be medically disqualified throughout in-processing and during the training cycle as there will be no dental services available.

f. Medications. Officer candidates are allowed to bring required medications, to include vitamins, but must have written authorization from their physician stating why they are required during training. During medical in-processing, officer candidates will disclose these medications or vitamins, and OCS Medical must approve them in order for a candidate to use them while in the training environment at OCS. Due to the nature of the training environment at OCS, the use of patch- or cream-style medications is discouraged.

Subj: SUMMER 2023 OFFICER CANDIDATES CLASS DATES; CANDIDATE PRE-SHIP PREPARATION AND REQUIREMENTS

g. Birth Control. Officer candidates who are currently taking oral contraceptives must bring their medication with them during in-processing for documentation into their record. After medications have been reconciled, officer candidates will continue prescribed contraceptives as directed by providers. If a candidate is using an intra-uterine device (IUD) or implantable long-acting removable contraceptive (LARC), the IUD/LARC will have to remain in place for the duration of the training cycle. The IUD/LARC is required to be in place for at least two weeks prior to arrival at OCS.

h. Aviation Contracts. Officer candidates who anticipate commissioning upon completion of OCS must have their aviation-related physicals and medical follow-ups completed prior to arriving at OCS. The Bradley Branch Health Clinic is not staffed with a flight surgeon or specialty providers to assist with completion of flight physicals. All flight physical issues must be resolved prior to arriving at OCS and concerns must be addressed to the Head of Officer Programs, MCRC.

i. Eyeglasses. Officer candidates who wear glasses will bring a minimum of one pair of non-eccentric glasses with them for training. It is recommended to bring at least one non-eccentric head strap to keep glasses tight on the head during physical training at in-processing. If possible, prior service and prior OCS attendees should bring their military-issued glasses in order to streamline the issue process, two pairs are recommended. Officer candidates will not arrive at OCS wearing contact lenses, nor will they wear contact lenses at any time while at OCS. OCS Medical will issue military eyeglasses within three weeks of arrival, depending on the complexity of the prescription. In order to receive military-issued eyeglasses, candidates must hand-carry their current prescription (within one year), or they can wear/take their current eyeglasses to allow for optometry to scan the prescription. OCS Medical will not process faxed-in prescriptions.

j. Changes to Health. Officer candidates should not depart for OCS if acutely ill or injured. Officer candidates must notify their OSOs, NROTC unit, or parent command of any changes to health. OSOs must notify the assigned district corpsmen of any new medical issues. NROTC units and parent commands must notify MCRC of any changes to a candidate's health.

11. Administration. MCBQ Installation Personnel Administrative Center (IPAC), Student Personnel Section is responsible for all administrative matters pertaining to the pay and entitlements of officer candidates. All MECEP, ECP, Reserve Enlisted Commissioning Program (RECP), and Meritorious Commissioning Program Reserve (MCP-R) officer candidates are encouraged to read references (j) and (k), which provides additional information on entitlements.

a. Per references (b) through (d), all selected Marines will receive TAD orders to report to the CO, OCS, Quantico, Virginia. This represents a change from previous training cycles. All selectees are now instructed not to break their domicile leases, move their dependents or household goods to Quantico, or initiate departures from base housing. Candidates who are authorized Basic Allowance for Housing (BAH) at their present command will continue to receive BAH at their current duty station rates.

(1) Upon completion of OCS, MECEP officer candidates will return to their parent commands to execute Permanent Change of Station (PCS) or

Subj: SUMMER 2023 OFFICER CANDIDATES CLASS DATES; CANDIDATE PRE-SHIP
PREPARATION AND REQUIREMENTS

Permanent Change of Assignment (PCA) orders to their assigned NROTC units as outlined in references (b) through (d).

(2) Upon completion of OCS, ECP, RECP, and MCP-R, candidates will commission and return to their units. PCS orders will be hand delivered by MCRC to the officer candidate prior to departing OCS. They will coordinate their PCS moves with their local Distribution Management Office and execute orders to TBS.

(3) MECEP, ECP, RECP, and MCP-R selectees who have questions should contact Officer Naval/Enlisted Programs (ON/E) at 703-784-9443; DSN 278-9443.

b. If an officer candidate's family member(s) are staying at an address other than the candidate's home of record, e.g. parents/in-laws, the officer candidate should provide that address to OCS during in-processing. All officer candidates with dependents will be required to provide a valid rental/lease or mortgage agreement in order to receive BAH during OCS, in accordance with reference (e).

c. Each officer candidate will hand-carry a manila envelope labeled in the top right corner with their last name, first name, and middle initial. No medical information should be contained in this envelope. A full list of required documentation can be found in enclosure (1) and should be included in this envelope. Failure to include any of the below documentation may result in delayed payment:

(1) Two copies of the officer candidate's orders.

(2) Completed enclosure (2), direct deposit sign-up form, for a current savings and/or checking account with a voided check or deposit slip for verification of electronic funds transfer information. OCS recommends this form be filled out electronically by the candidate's financial institution to prevent pay issues (not required for active duty or reservists unless updates are needed).

(3) A copy of the officer candidate's birth certificate and social security card.

d. The following are documents required for officer candidates in special cases:

(1) Officer candidates with dependents must bring documentation for all dependents including certified true copies of birth certificates for spouses and all children. Birth verification letters (with footprints) will be accepted for newborns (not required for active duty unless information needs to be updated).

(2) All married officer candidates must include a valid marriage license, or marriage certificate, as well as the receipt that shows they paid for the license. If the officer candidate's spouse changed his/her name following the marriage, a copy of his/her social security card should be included to accurately show the current full name. (Not required for active duty unless information needs to be updated). A valid state-issued driver's license or social security card with spouse's name change is required to change an officer candidate's spouse's name.

Subj: SUMMER 2023 OFFICER CANDIDATES CLASS DATES; CANDIDATE PRE-SHIP PREPARATION AND REQUIREMENTS

(3) All single reserve component officer candidates will ensure that their primary residence is established and current in Marine Corps Total Force System in accordance with reference (g).

(4) Officer candidates who are prior military service members and officer candidates who are married to current or prior military service members must bring four copies of the service member's DD Form 214. Officer candidates must provide their active duty service spouse's social security number and current unit information.

e. MECEP and ECP candidates will provide a full copy of their DTS travel claim, including DD Form 1610 and the itemized printout of the daily cost. While enrolled at OCS, MECEP officer candidates will receive the discounted meal rate (DMR). Parent commands should also be aware that a DMR deduction will be started and run via unit diary entry while assigned to OCS. Meals and lodging are directed and provided for the officer candidate. MECEP officer candidates are encouraged to read references (b) through (d) for additional information on entitlements.

f. All NROTC officer candidates' pay will be exclusively handled by their respective NROTC units they are commissioned from. NROTC officer candidates must ensure they have coordinated with, and have reliable points of contact for, the appropriate NROTC support personnel prior to their departure to OCS. NROTC officer candidates need to understand how they will be paid, regardless if they attend a six or 10-week training cycle; this is done through the Navy until they graduate OCS, assess into the Marine Corps, and are joined at TBS.

g. Officer candidates will call home within the first 24-hours of arrival to let a family member or friend know that they have arrived safely at OCS. Officer candidates will be allowed to write home to provide their company and platoon information. Additionally, families are encouraged to visit the official OCS website at <http://www.trngcmd.marines.mil/Units/Northeast/Officer-Candidates-School/> or the official OCS Facebook page at www.facebook.com/usmcoocs for more information.

(1) After the first week of training, mail will be distributed every day except Sunday. Officer candidates will only use the United States Postal Service (USPS) for packages. The mailing address for officer candidates is:

Candidate Last Name, First Name MI. ___ Company, ___ Platoon
Officer Candidates School
2189 Elrod Avenue Quantico, Virginia 22134-5033

(2) Non-USPS Packages. All non-USPS packages that are sent to OCS will not be signed for, and will be returned to the carrier facility. OCS is not responsible for packages delivered via non-USPS methods. Officer candidates will not have the ability to pick up packages unless they receive liberty that allows them to travel off base. There is no guarantee what level of liberty officer candidates may receive, due to risk mitigation and analysis. Liberty is granted at the discretion of the Commanding Officer of OCS.

12. Religious Services. Officer candidates maintain their right to the free exercise of religion so long as those requirements do not adversely impact military readiness, unit cohesion, and good order and discipline. Officer

Subj: SUMMER 2023 OFFICER CANDIDATES CLASS DATES; CANDIDATE PRE-SHIP PREPARATION AND REQUIREMENTS

candidates will have weekly opportunities to attend to their spiritual needs during their time at OCS. Once on Brown Field, officer candidates will have the right to attend divine services of one's faith, and to reasonably partake in one's religious practices within the scope authorized by military directives per scheduled training dates and times

a. Candidates requesting religious accommodations must do so in accordance with paragraph 4a of Marine Corps Order 1730.9 and must have the request processed by M&RA prior to inducting into training at OCS.

b. Officer candidates may bring personal religious items. Such items will be stowed in footlockers with other personal effects.

c. Subject to temporary revocation due to training requirements, candidates may wear religious apparel items as follows:

(1) Articles of religious apparel which are not visible or apparent when worn with the uniform.

(2) Visible articles of religious apparel with the uniform while attending religious services.

c. OCS dining facilities are unable to provide meals that meet all religious dietary restrictions (e.g. kosher, halal, vegetarian, etc.). When Meals Ready-to-Eat (MRE) are issued to candidates for field evolutions, kosher and halal MREs are available in lieu of the standard MRE. Officer candidates should request these via the OCS Chaplain's Religious Needs Assessment disseminated during in-processing.

(1) All requests for faith-based meal accommodations must be annotated on the candidates pre-ship checklist.

(2) Region recruiting commands are required to forward a roster of candidates requesting faith-based meals to OCS via Officer Procurement Operations no later than 30 days prior to the candidate's reporting day.

13. Contraband. The following items are not authorized aboard Brown Field. Officer candidates found in possession of the following will face possible disenrollment:

a. Study Guides. In order to eliminate any possible situations which could place a candidate's integrity into question, any study material, aside from what OCS provides candidates, is contraband. OCS still encourages study guides be made and used in preparation for OCS, but the material should only be studied prior to arrival and should remain off Brown Field. Upon arrival, OCS provides each candidate with a knowledge binder containing the study material necessary for success at OCS.

b. Weapons. Officer candidates will not transport personal weapons (knives, firearms, ammunition, etc.) to OCS. Per reference (f), weapons will not be stored in an officer candidate's vehicle.

c. Dietary Supplements. Dietary supplements, such as pre-workout, protein powder, or anything containing caffeine, etc. are contraband and are not allowed on Brown Field.

Subj: SUMMER 2023 OFFICER CANDIDATES CLASS DATES; CANDIDATE PRE-SHIP
PREPARATION AND REQUIREMENTS

d. Tobacco Products/Electronic Cigarettes. The possession or use of any tobacco products is prohibited for officer candidates on Brown Field. This is to include the use of electronic cigarettes/vaping, regardless of their tobacco or nicotine content (or lack thereof). Officer candidates who report to OCS with tobacco or nicotine products will be required to dispose of them upon check-in.

e. Alcohol. Alcoholic items are prohibited on Brown Field. Officer candidates should not consume any alcohol within 12 hours prior to reporting to OCS.

f. Athletic Equipment. Personally procured pull-up bars are not authorized for use on Brown Field. Electronic recovery, such as massage devices are not authorized. Mechanical recovery tools such as, lacrosse balls, Thera-canes, roller sticks, and recovery bands are authorized for use while on Brown Field. However, these items will be turned into the contraband locker upon arrival to Brown Field. Foam rollers and recovery gear will be issued to each officer candidate during their first week on in-processing and will be available for their use during the training cycle.

14. Fraternization. All officer candidates shall be expected to understand the Marine Corps and OCS policy regarding fraternization per reference (h) and (i). Officer candidates intending to marry prior to commissioning should do so prior to reporting to OCS. All officer candidates and OCS staff will maintain a strict formal military relationship.

15. Pre-Ship Checklists. In addition to medical records being shipped ahead of time, each officer candidate must complete and submit enclosure (3) 30 days prior to the officer candidate's arrival. OSOs, MOIs, and COs (for enlisted-to-officer candidates) must review enclosure (3) with each candidate. Enclosure (3) allows MCRC and OCS to properly flag any issues and allow time for corrections/follow-up.

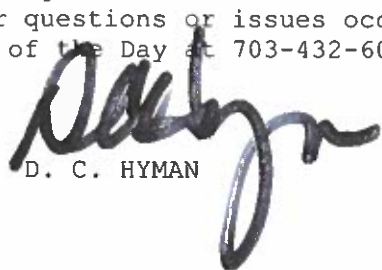
a. OCC officer candidates will complete enclosure (3) in its entirety with their respective OSOs, who will forward it via the chain of command to MCRC Officer Programs.

b. NROTC/MECEP/ECP/RECP/MCP-R pre-ship checklists will be scanned and sent via email no later than 30 days prior to shipping to their respective program coordinators listed below.

(1) NROTC: amy.coppage@marines.usmc.mil,
patrick.shirley@marines.usmc.mil, or diego.coralera@marines.usmc.mil

(2) MECEP/ECP/RECP/MCP-R: troi.spencer@marines.usmc.mil.

16. For all questions concerning candidate information, please contact the Student Activities Section during working hours (0800-1700 EST) at OCS_CSA@USMC.mil or 703-784-2531. For questions or issues occurring after hours, please contact the OCS Officer of the Day at 703-432-6050.



D. C. HYMAN